



## Autumn at Pen-y-ffordd Tennis Club

Welcome to the September edition of the newsletter. Firstly, a warm welcome all our new members. We hope you enjoy playing tennis and being a part of our friendly community.

As the nights are slowly drawing in, the floodlights are once again in use from 6.30pm - perfect for those who can only play in the evenings!

## Macmillan Coffee Morning

Our second coffee morning was held on Friday 27<sup>th</sup> September and what a treat it was. We raised a fantastic £150 for Macmillan Cancer Support, beating our last coffee morning total by a considerable amount. Thank you everybody who came and donated, and a big thank you to Nia and Mags for organising.



**MACMILLAN  
CANCER SUPPORT**

## Macmillan Coffee Morning

### A big thank you

Thank you so much for paying in £150.00 and being part of this year's Coffee Morning.

We hope you and your guests enjoyed spending time together over a cup of coffee and some yummy treats.

**We'll put the money you've raised straight to work.** It could mean someone with cancer can get help with how they're feeling on our Support Line. Pay their bills during treatment. Or turn to a Macmillan nurse for vital medical, practical and emotional support.

# Socials

A huge *thank you* to all the organisers who help set up the social sessions each week. This takes time and dedication and doesn't go unnoticed by our members who have great fun during the sessions.

If you're interested in joining or would like more info, please email the club and we can add you to the 'WhatsApp' groups.

**Mon & Thurs 6pm-8pm**  
**Wed & Fridays 10am-12pm**  
**Sundays 10am-12pm**

*Hope to see you there soon!*

## Booker App – Making court bookings easy!!

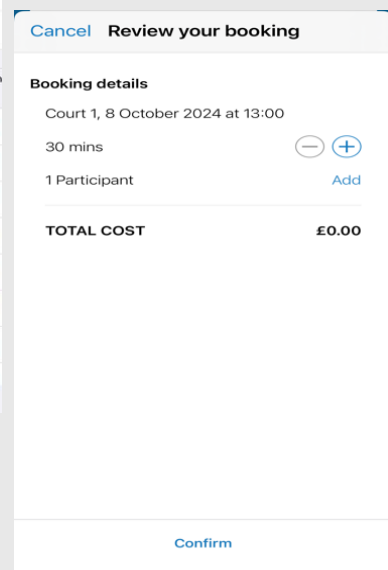
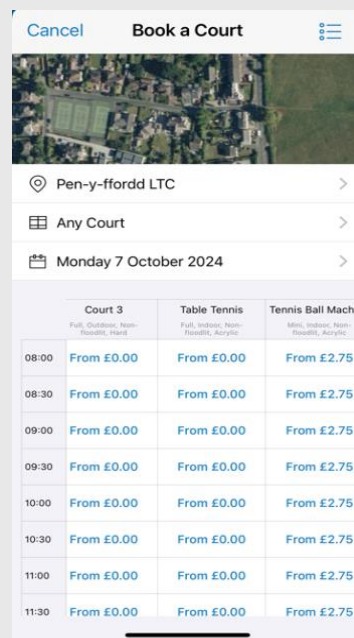
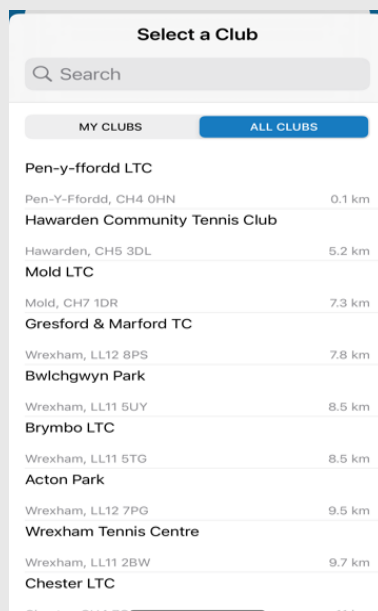
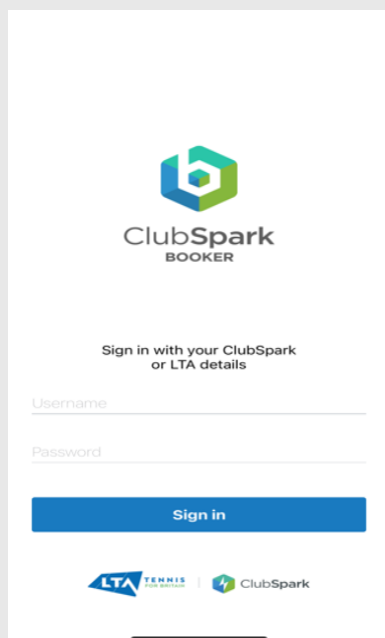
The ClubSpark Booker App is available for download on [iOS](#) and [Android](#).

**Step 1: To use the Booker app, you will first need to 'Sign in'**

**Step 2: To make a court booking via the app, you will first need to click 'Book A Court' button**

**Step 3: Select the venue you wish to make a court booking at.**

**Step 4: Then Select which court, time, date and duration..... Enjoy!**



## Ball Machine ~ *Practice Makes Perfect*

Looking to improve your play? Often, the best way to take your tennis up a notch is by repetition, and a **ball machine** is one way to allow you to keep practising those shots you can't quite seem to get right.

At Pen-y-ffordd Tennis Club, the ball machine can be booked via the booking calendar for a small fee ~ From £2.25.

For more information and terms of use, please go to:  
<https://www.penyfforddtennisclub.com/ball-machine>

*(To be used on Court 3 Only)*

## Safeguarding

At Pen-y-ffordd Tennis Club, we take the safeguarding of our members seriously. As part of the Club's commitment to this, our two Welfare Officers, Mags Abbott and Nige Owen, will be attending the LTA Safe to Play National Safeguarding Conference 2024 this month.



**Mags Abbott**  
Welfare Officer



**Nige Owen**  
Welfare Officer

**Names:** Mags Abbott & Nige Owen

**Email Address:**  
[penyfforddsafeguarding@gmail.com](mailto:penyfforddsafeguarding@gmail.com)

**Phone Number:** 0330 223 6398\*

*\* Calls to this number are charged at local rate and are covered by mobile phone inclusive minutes packages*

## Meet the Committee Member

**Name:** Chessca Lembregts

**Role:** Joint Club Secretary with the lovely Nia

**Been playing tennis for:** 6 years with a 17-year gap in the middle!

**Righthand or lefthand player:** Right

**Prefers forehand or backhand:** Backhand

**Sunset or sunrise:** Sunset, although I can appreciate a good sunrise

**Sweet or savoury:** Savoury all day long... CHEESE

**Ski holiday or mountain trek:** I can't ski so it'll have to be a mountain trek

**Death row meal:** I repeat, CHEESE. All the cheese.

**Would you rather be the absolute best at something that no one takes seriously or be average at something well respected?** 100% be the best at something no one takes seriously 😊 My dream is to hold a Guinness World Record for something utterly pointless

**Would you rather have an annoyingly high-pitched voice or a really deep manly voice?** Annoying high-pitched voice.



Chessca Lembregts  
Joint Club Secretary

## Gentle REMINDERS

**Parking** - Please only park in the designated spaces by the courts to park. If these are full, there is plenty of parking on Vounog Hill.

**Court Bookings** - Please can we ask that you only book *One* court at a time. Multiple court bookings ("Side-by-side") by one member are not allowed. please remember to add the names of all players/members who will be present.

**Cancelling Courts/Floodlights** - If, for any reason, you cannot play and no longer need a court that you've booked, kindly ensure you cancel the booking promptly. This helps in maximising court availability for other members. Additionally, if you are playing under floodlit courts and finish early, please can you **END** booking. This will turn off the floodlights. By doing so, both our neighbours and the environment can benefit, THANK YOU. *(There is a 10min shutdown window for the lights)*

**Children** - It is recommended children under 13 are supervised by a parent or guardian when at the club. Additionally, under 18s must always be supervised in the clubhouse. Parents are responsible for any juniors playing unsupervised.

**Clubhouse Security** - When you unlock the clubhouse, it is your responsibility to ensure the door is locked and key safely returned to the key box before you leave. The T&C's can be found on our website under Facilities.

You can find us on our social media pages at:

Instagram: [Penyfforddtennisclub](#)

Facebook: <https://www.facebook.com/penyfforddtennis>



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